

## After brain surgery

Once discharged from the hospital, patients might feel overwhelmed. No one should ever feel alone when dealing with issues associated with brain surgery.

CoxHealth has a support group designed just for you, as you make your journey toward recovery.

Meet people who are going through similar circumstances, and learn from each other how to handle difficult situations.

## Aches and pains

It is common to experience aches and pains after your surgery. Depending on what area of your brain was affected, you could experience headaches, fatigue, memory loss, lack of concentration, visual disturbances, seizures or personality changes.

## The importance of support

Managing changes after brain surgery can be challenging. That's why it's important to get support from others in similar situations. Sometimes family and caregivers might not understand how to best help you. This support group can help answer their questions and show them how to provide the appropriate amount of assistance.

We look forward to helping you through this next phase in your life. Please contact us with questions.

417/885-3888

## Support meetings

Second Thursday of each month, 5:30 – 6:30 p.m. Jared Neuroscience Center, 7th floor Spouses and family members are welcome.

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Jared Neuroscience Center



